



Watermelon & Yogurt Summer Salad

Yield: 6 servings

Ingredients:

- 1 1/2 quart Watermelon, Fresh, peeled and diced
- 1 1/2 tsp Toasted Rosemary, chopped
- 1 1/2 tsp Poppy Seeds
- 1 1/2 tsp Fresh Cracked Black Pepper
- 1 1/2 tsp Fresh Mint, chiffonade
- 1 1/2 C Vanilla Lowfat Greek Yogurt
- 3 Tbsp Honey

Directions:

1. In a medium mixing bowl, combine greek yogurt and honey.
2. Whisk until ingredients are well incorporated.
3. 3. Transfer the yogurt in to a storage container, cover and reserve under refrigeration until needed.
4. For each portion top 1/4 Cup of honey greek yogurt with 1 cup of diced watermelon.
5. Garnish each portion with 1/4 tsp(s) of toasted rosemary, 1/4 tsp(s) of poppy seeds, 1/8th tsp(s) of fresh cracked black pepper, and 1/4 tsp(s) of chiffonade mint.
6. 3. Serve.

Recipe and photo courtesy of Danone