

## Strawberry Banana Smoothie Bar

Makes 10 portions

## Ingredients:

1 cup Dannon Oikos Nonfat Vanilla Greek Yogurt

1 1/2 cups Strawberries, diced

1 cup Bananas, very ripe

2 Tbsp Honey

3 cups Old-Fashioned Rolled Oats

1/4 cup Sunflower Seeds, toasted

1/4 cup Pecans, pieces

1 tsp Cinnamon, ground

## **Instructions:**

- 1. In a large mixing bowl, combine yogurt, strawberries, bananas, and honey. Stir to combine.
- 2. In a separate bowl, combine oats, sunflower seeds, pecans, and cinnamon. Stir to combine.
- 3. Add dry ingredients to wet, and stir till fully incorporated.
- 4. In a parchment lined, greased 1/4 sheet pan, press mixture and smooth top with a rubber spatula.
- 5. Bake in a 350°F convection oven, low fan, for 15 minutes, or until a toothpick inserted in the center comes out clean.

Recipe and photo courtesy of Danone