



## Lean Green Protein Parfait

Yield: 10 servings

### Ingredients:

2 cups	Dannon Oikos Nonfat Plain Greek Yogurt
2	Avocado
2	Banana
1/4 cup	Honey
2 Tbls	Lemon Juice
2 1/2 cups	Mixed Berries - Blueberries, Blackberries, Raspberries
2 1/2 cups	Granola

### Directions:

1. In a blender combine yogurt, avocado, banana, honey, and lemon juice until emulified.
2. Place yogurt mixture in bottom of a glass
3. Top with berries and finish with granola

Recipe and photo courtesy of Danone